

Big Mountain Ski/Snowboard Checklist

- Gloves
- Liner gloves
- Hat
- Neck gaiter/face mask
- Backpack/belt pouch
- Helmet
- Jacket with Hood
- Ski Pants
- Fleece Vest/jacket for layering
- 2 Pair warm sox
- Shoes for walking in snow
- On slope water bottle
- Case for your phone/camera
- Leash for your phone
- Goggles
- Sunglasses with leash
- Sunscreen/Lip balm
- Snacks/energy bars
- 2-credit cards/ID
- Performance Base Layer (Long underwear)
- Bandana
- Lip Cream
- Hand/Toe Warmers
- Ibuprofen

If traveling with your own equipment:

- Gear bag
- Rub-on wax
- Wipe down towel
- Micro tool kit zip ties for repairs
- Skis/Snowboard
- Small tool set for minor repairs
- Ski/Snowboard boots
- Lock

On the Mountain:

- Ask questions
- Check the weather (often)
- Take it easy
- Quit before your last run
- Stay away from trees
- Wear your helmet
- Hydrate, Hydrate, Hydrate!



Call Roger at the Pro Shop. He'll answer your questions.

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